

What we already knew

But sometimes like to be reminded

**There is no
wealth
but life**

John Ruskin

If you can trust yourself when all
men doubt you,
But make allowance for their
doubting too;

(From 'If')
Rudyard Kipling

If a man does not keep pace with his companions, perhaps it is because he hears the beat of a different drummer. Let him march to the music he hears, however measured or far away.

Henry David Thoreau

By health

*I mean the power to live a full, adult, living
breathing life in close contact with what I love*

*I want to be all that I am capable of
becoming.*

Katherine Mansfield

Feel the Fear
and Do It Anyway

Susan Jeffers

Just connect

EM Forster

This above all: to thine own self be true
And it must follow, as the night the day
Thou canst not then be false to any man
William Shakespeare

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Be patient towards all that
Is unsolved in your heart,
And try to love the questions
Themselves like locked rooms
And like books that are written
In a very foreign tongue.
Do not seek answers
Which cannot be given you
Because you would not be
Able to live them;

And the point is
To live everything.
Live the question now;
Perhaps you will then
Gradually without
Noticing it, live along
Some distant day
Into the answer.
Resolve to be always
beginning;
To be a beginner.

Rainer Maria Rilke

Don't walk in front of me,
I may not follow.

Don't walk behind me,
I may not lead.

Walk beside me
and just be my friend

Albert Camus

THE RULES FOR BEING HUMAN

3. THERE ARE NO MISTAKES, ONLY LESSONS

7. OTHERS ARE MERELY MIRRORS OF YOU

9. YOUR ANSWERS LIE INSIDE YOU

CHERIE CARTER-SCOTT

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